

National Walking Month of May

1st - 31st May 2024

Erewash 85-mile Walking Challenge

Walk 2.74 miles each day throughout the National Walking Month of May which would take about an hour to complete each day.

If you continued at this pace for an entire year, you would have walked approximately 1000 miles which is equivalent to walking from Lands End to John O'Groats. Alternatively halve it to 1.37 miles a day if you have limited time.

If you would like to take up this challenge, please register your interest by following the **QR code below**.

Please note that the first 50 walkers to register completion of the 85-mile walking challenge will receive a free adult general swim voucher to use at West Park Leisure Centre or Victoria Park Leisure Centre.

For more information please email Rachel Scott, Community Health and Wellbeing Development Officer at rachel.scott@erewash.gov.uk



This would be equivalent to walking this circular route around Derbyshire.

